

















\* Backpack Safety America Month \* Children's Good Manners Month \*  
 \* National Chicken Month \* National Honey Month \*  
 \* National Mushroom Month \* National Organic Harvest Month \*  
 \* National Prime Beef Month \* National Rice Month \*  
 \* Fruit and Veggies: More Matters Month \* National Cholesterol Education Month \*  
 \* National Yoga Month \* Whole Grains Month \*

## September 2009



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
International Enthusiasm Week (9/1 - 9/7)						
		1	2	3  In season veggies: sweet corn, tomatoes and cucumbers.	4  Harvest Moon	5
National Waffle Week (9/6 - 9/12)						
6	7  Labor Day  Great Bathtub Race	8  United Nations: International Literacy Day	9	10	11	12
National Hispanic Heritage Month (9/15 - 10/15) Line Dance Week (9/14 - 9/19) Constitution Week (9/17 - 9/23)						
13  National Grandparents Day	14	15  National Hispanic Heritage Month begins	16 In season fruits: cantaloupe, grapes, melons and pears.	17	18 Challenge someone to a jog in place contest.	19  International Eat An Apple Day
National Clean Hands Week (9/20 - 9/26) National Farm Safety & Health Week (9/20 - 9/26)						
20	21  United Nations: International Day of Peace	22  Autumn begins  Ice Cream Cone Patent: 1903	23	24  National Punctuation Day	25	26  Johnny Appleseed Born: 1774
27	28  Family Day - A Day to Eat Dinner with Your Children	29  Try a new sport today!	30  World Heart Day			